

# Carl Marlin, Jr.

Carl Marlin, Jr. found out about his prostate cancer during a routine doctor's visit with his primary care physician.

He thought that he was getting a refill on his blood pressure medicine but was informed that his Prostate-Specific Antigen (PSA) was high and he needed to go see a urologist. The urologist ran more blood work, did a physical exam and agreed that he had prostate cancer.

Twelve samples were taken of his prostate and all samples showed that it was cancerous. Carl then had gold seeds implanted into his prostate and received 43 treatments of radiation.

The radiation treatments caused him not to be able to receive his monthly infusions for his Rheumatoid Arthritis. Due to this, Carl's joints were constantly inflamed and often caused a great amount of pain. The radiation treatments are now complete and hopefully Carl is now cancer free.

Carl is now back active in his community where he coaches YFL football and is on the chain crew at all of North Rowan's Friday night football games.



## 3<sup>rd</sup> Annual Cavs (Run/Walk) for a Cure 5k

November 21, 2015

Starting at 10 am at  
North Rowan High School

SALISBURY ROWAN RUNNERS  
PO BOX 1825  
SALISBURY NC 28147



Benefiting  
Robert Gilmore  
Carl Medlin  
and Relay for Life

# Robert Stephen Gilmore

Diagnosed in 2000 at 3 years old with Medulloblastoma (brain cancer) Stephen received radiation/chemo under standard risk protocol at Wake Forest Baptist Medical Center's Brenner Children's Hospital.

Treatment of childhood cancer unfortunately leaves you with numerous health issues and at high risk for secondary cancers later in life.

That was the case for Stephen. After 12 years, he was diagnosed with colon cancer (IIIB) at 15 and received 6 months of chemotherapy. At the time, he was the only child ever treated at Brenner for colon cancer which is rare in children.

Three years later, the colon cancer has returned and is more aggressive.

He is currently undergoing chemo at Brenner after beginning his first week of his senior year at Salisbury High School where he has (even this season) managed the JV and Varsity Football teams.

Robert is supported and loved by his mom, Wendy Gilmore Baskins, his 14 year old sister, Sydney, his dad and Stepmother, Travis and Nicole Hairston, and his 2 year old brother, TJ.



## Third Annual Cavs (Run/Walk) for a Cure 5k with Fun Run

**Online Registration:** Participants may register online by going to [www.sportoften.com](http://www.sportoften.com) or [www.salisburyrowanrunner.org](http://www.salisburyrowanrunner.org)

**Mail in Registration:** Fill out the registration form and mail it with your check made out to Cavs for a Cure, PO Box 1825, Salisbury, NC 28147

**Race Day Registration:** 8:30-9:30am

**Registration fees are final. No refunds will be available.**

**Inclement Weather Policy:** In case of inclement weather, the race may be delayed for one hour. We reserve the right to cancel any portion of the race if we determine existing weather conditions pose a safety hazard for the participants.

**Race Packet Pick-Up:**

Race packets will be available prior to the race from 8:30-9:45 at the registration desk.

**Age Groups (5K Run/Walk)** 14 and Under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 & Over

Group Rates Available-Call 704-202-9587 or 704-232-3713 for more information

**Awards:** Top 3 Overall M/F

3 Deep age group awards M/F

All Fun Run participants will receive an award. Tot Trot and Fun Run after the race. Children will have fun and games to keep them occupied while parents run.

**Description of Course:** Start on N. Whitehead Ave, in front of the school. Turn left on First Street, Y off to the left on Carolina Ave, then left on 5<sup>th</sup> Street, left on Salisbury Ave, left on 3<sup>rd</sup> Street, right on Charles Street, right on Oakwood Drive, right on N. Whitehead Ave, right into lower parking lot entrance, into stadium, run to the left and end in front of the Press Box.

Entry Fees 5k Run/Walk By November 13th \$20  
After November 13<sup>th</sup> \$25  
If you don't want to run or walk we would love for you to be an honorary participant! Above fees apply.  
½ Mile Fun Run & games -children 12 & under \$10

**Group Rates Available-Call 704-202-9587 or 704-232-3713 for more information**

Name		
DOB	Age	M/F
Address		
Phone		
E-mail		

Shirt Size: S M L XL (circle one)  
Pre-registered participants for the 5k will receive a t-shirt. Those registering after November 13<sup>th</sup> will receive a t-shirt on a first come first serve basis. No shirts available for the fun run.

**Make check for entry fee payable to Cavs for a Cure  
PO BOX 1825, SALISBURY NC 28147**

**Participant Waiver:** I know that participating in the 5K road race may pose a risk to my health. I accept all risks associated with participating in this race and waive all claims for myself, my heirs, and anyone acting on my behalf against North Rowan High School, Rowan Salisbury Schools, Salisbury Rowan Runners, Town of Spencer, all sponsors, all officers, all members and all volunteers of said organizations. I attest that I am in proper physical condition to compete in this race. I also give my permission to the Salisbury Rowan Runners and North Rowan High School to use my name and picture in any written account about this race.

Signature (Parent/Guardian if under 18/Date